

PIN Program Sponsors

The Partners in Nursing Program is generously supported by the following local and national partners:

The Robert Wood Johnson Foundation

The Northwest Health Foundation

The Community Foundation of the Eastern Shore

Peninsula Regional Medical Center

Atlantic General Hospital

McCready Memorial Hospital

O'Grady Featured Speaker at Nursing Seminar

Dr. Tim Porter O'Grady, a nationally known author, consultant and speaker on nursing and health issues, was the featured speaker at a seminar for



Dr. Ray Hoy, Dr. Tim Porter O'Grady and Dr. Spicer Bell

nurses at Wor-Wic Community College Tuesday, April 21st. Over 150 local nurses participated in this day-long seminar which emphasized the need for nurses to serve as ambassadors for their profession, respond to current and future realities to adapt to the new age in health care and to implement personal and professional role changes that will allow them to transform nursing practice.

The event included a lecture, working lunch and afternoon question and answer period that allowed for a dynamic discussion of the concepts presented. Program organizers received tremendous feedback from the event and planning is currently underway for follow up professional development programs this fall. **SAVE THE DATE – Shelley Cohen will present *Creating a Mentoring Workplace* on October 8th from 5-9pm at PRMC - visit www.cfes.org for updates.**

Special thanks to all the PIN Partners for their support and to Wor Wic Community College for its tremendous administrative and logistical assistance. Funding for this program was provided by a generous grant from the Rural Maryland Council.



Tim Porter O'Grady listens as PIN Mentor Carol Moore (PRMC) shares a thought.



Dr. Debra Webster (SU Faculty) and Kim Hatton (Genesis), PIN Steering member

CONGRATULATIONS GRADUATES

Wor-Wic Community College nursing graduates celebrate at a recent nurse pinning ceremony.

Congrats Local Nursing Grads!



For more information about PIN or articles in this newsletter, please contact:

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SU Nursing Celebrates 30 Years!

2009 marks the 30th anniversary of Salisbury University's Nursing Baccalaureate Program and this year other important milestones were reached in the ongoing efforts to provide a highly educated RN workforce for the Lower Eastern Shore.

Among the highlights:

- Salisbury University graduates posted the highest NCLEX-RN pass rate for all bachelor's degree programs in the state of Maryland with a pass rate of 95.45%.
- The undergraduate and graduate programs received re-accreditation by the Commission on Collegiate Nursing Education for the maximum period, 10 years.
- Drs. Laurie Rockelli, Michele Bracken, and Rita Nutt raising the percentage of doctorally-prepared tenure track faculty in the department to an all-time high of 87.5% with the recent completion of their doctoral degrees at University of Maryland, Baltimore.
- The Department has been named a recipient of eight, \$10,000 scholarships, from the Robert Wood Johnson Foundation, New Careers in Nursing program. As a result of this scholarship program, Salisbury University will increase enrollment in its accelerated second-bachelor's program to 24 students. Students enrolled in this program typically graduate in 3-semester.

For information about the SU Department of Nursing, contact the Chair, Dr. Lisa Seldomridge, laseldomridge@salisbury.edu

Did you know?

July is National Boredom Month.....but probably not for most nurses!

Visits to emergency rooms usually peak during the warmer months of the year.

During the months that school is out emergency room visits from children under 14 years old rise by 18 percent.

There are approximately 567,000 bicycle-related injuries each year that require emergency room attention.

Food for Thought.....

Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did. So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." ~ Mark Twain

CCRN/PCCN Review Course

DATE: August 26th – 28th

TIME: 7:30 AM – 5:00 PM

PLACE: Avery Hall Education Center
Peninsula Regional Medical Center

For more information go to www.peninsula.org and select "Classes and Events" or contact the Education Department at 410-543-7130.



AGH Develops Mentoring Program



Atlantic General Hospital, a member of the PIN Steering Committee, has developed a new facility-wide Associates in Transition (AIT) mentoring program. This program will provide valuable support to nurses and other hospital associates as they make transitions within the hospital setting.

The AIT mentoring program will be mandatory for nursing staff that are new to AGH, transferring from one department to another, or returning to the hospital. Current associates will serve as peer mentors and provide personalized support. Each mentor will be an advocate, a role model, a friend. The mentor will serve as a catalyst for personal and intellectual growth. Mentors will work with their associates in transition to encourage career success and professional advancement. The AIT Program embraces the philosophy of:

Putting "PATIENTS" at the Center of AGH Values

P - Personalized attention

A - Accountability for financial resources

T - Try respect and kindness

I - Integrity, honesty & trust

E - Education – continued learning & improvement

N - Needs of our community – community commitment

T - Teamwork and partnership

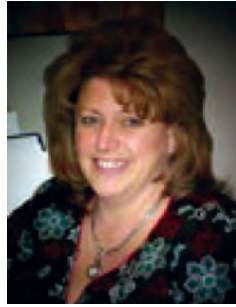
S - Safety first, dedicated to patient safety

If you have any questions or require additional information, contact Alice Kalinowski at 410-641-9935 or via e-mail at akalinowski@atlanticgeneral.org.

AGH Nurse Nominated for EndoNurse Magazine's MVP

"I don't feel like I've been doing anything above and beyond. I've just been doing what I've been raised to do," said Teresa Moore, who's better known as Terry to her co-workers at the Atlantic Endoscopy Center. But it's exactly that attitude that led her staff to nominate her for the nation's Most Valuable Professionals in Endoscopy Award. Moore made the cut and is now in the running to become "EndoNurse" Magazine's MVP.

EndoNurse's 2008 MVP list celebrates stand-out professionals who give their all. Already recognized by patients who send them flowers and thank you notes, these MVPs can now be acknowledged by their peers as well.



Teresa Caprio Moore, RN, ADN, CNOR, clinical leader at the Atlantic Endoscopy Center

Moore serves the Berlin community at the Atlantic Endoscopy Center, an out-patient facility that screens for colonoscopies and treats gastrointestinal disorders. But they make sure to focus on the patients. She said, "We treat them like they're our family. We try to ease their tension, because it's pretty scary. The unknown is always fearful for people."

Vote for your favorite MVP at www.endonurse.com. Nominees will be posted on our web site on May 16, and voting for the most valuable professional will begin May 18. Everyone is welcome to vote more than once.

Hourly Rounding at PRMC



Members of the PRMC Nursing Staff

Staff in the Nursing Department at Peninsula Regional – nurses, certified nursing assistants and patient care technicians – are all participating in hourly patient rounding which began on April 15th. Research shows that healthcare facilities that use focused hourly rounding have:

- Patients who report better pain control
- Decreased patient falls
- Decreased patient skin breakdown
- Decreased number of call bells for staff to answer
- Increased nursing staff satisfaction, better time management
- Increased patient satisfaction scores

According to PRMC, patient hourly rounding has been well received by the majority of our patients and staff. Reports are coming in from nursing staff from various units that they are seeing positive results from hourly rounding efforts.

Hourly Rounding Turns "Poetic"

Hourly Rounding

**If your patient satisfaction scores are in dire need,
There's a new process coming that will help you succeed.**

**It's called hourly rounding and the benefits are double,
Designed to lessen call bells and save you some trouble.**

**Consistently checking will set your patient's mind at ease,
All you have to do is adhere to the 4 P's.**

**If you want happy patients who rarely complain,
Take care of P #1, it stands for pain.**

**Keep your patient comfortable and maintain good skin condition,
Complete P #2, it refers to patient position.**

**You're well on your way to caring for the needs of the body,
P #3 is a biggie - it means getting your patient to the potty.**

**Last on the list to complete the rounding session,
Is P #4, making sure your patient has desired possessions.**

**After pain, position, potty and possessions
Be sure to ask your patient if they have any questions.**

**When rounding is complete – to make it official,
Sign the log in the room with your initial.**

**Rounding puts you in control and you have the power,
Checking on your patients hour after hour.**

**Brooke Bowen, RN
5 South Service Ambassador**

STUDENTS LEARN NURSING



TOP: Future Nurses at Somerset Intermediate School with PRMC Nurses



LEFT: Nurses Deborah Clayton and Kim Danley talk about how to have a healthy heart

BOTTOM LEFT: Stephanie Elliott introduces "the kidney"

BOTTOM RIGHT: Tom Jones teaches students how to check their pulse



PRMC Nurses recently visited Somerset Intermediate for the Future Nurses Club (FNC) meeting led by school nurse, Lynne Brumley, RN. The FNC introduces middle school students (6th & 7th graders) to the medical career of nursing, its fundamentals and pertinent health topics and issues. The focus of the visit was for the students to learn various disciplines of nursing, the responsibilities of nurses and the importance of the profession.

The program started off with Chelly Taylor, RN providing an introduction to the Art of Nursing. Stephanie Elliott, RN provided information on nephrology nursing and what it means to be a dialysis nurse. Deborah Clayton, RN & Kim Danley, RN reviewed basic anatomy and physiology of the heart and what it means to be a cardiology nurse. Tom Jones, RN talked about caring for patients in the intensive care unit and male nurses in the nursing profession.

The experience was both exciting and rewarding. The students really enjoyed the presentations and hearing the real-life stories. This was an enthusiastic bunch of students that will possibly be our future nurses and fellow colleagues. Thanks to all the nurses that helped make this program possible.

PRMC Certified Nurses Day

Certified Nurses Day was celebrated at Peninsula Regional Medical Center on March 19th with a recognition breakfast and afternoon tea. March 19th was chosen as the national recognition day of those nurses who obtain board certification in a specialty. March 19th was chosen because it is the birthday of Margretta Styles, the "mother" of nursing certifications.



Nancy Flurer, MS RNC Director of Medical/Surgical Nursing is pinning Teri Wilkinson, RN BSN CEN, staff nurse in the Emergency Department.

UPCOMING AACN EVENTS

Tuesday, August 11
General Membership Meeting
Location TBD

Friday, September 18
4:30pm
CE Dinner Meeting
Salisbury University
Carla Jackson, LCSW to speak on end of life care

Thursday, Oct. 29
7am - 4:30pm
Annual Critical Care Conference
PRMC Hallowell Conference Center

Wednesday, November 18
5pm
CE Dinner Meeting
Location TBD
Kathleen Vollman, MSN, RN, CCNS, FCCM to speak on Skin

All events are open to chapter members and non-members.
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