

PIN Program Sponsors

The Partners in Nursing Program is generously supported by the following local and national partners:

The Robert Wood Johnson Foundation

The Northwest Health Foundation

The Community Foundation of the Eastern Shore

Peninsula Regional Medical Center

Atlantic General Hospital

McCreedy Memorial Hospital



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From the Director's desk:

To begin a career in nursing is anxiety producing and stressful enough – ask any new graduate this May. Their world had been carefully guided and controlled as learning was experienced in classroom and clinical assignments. Nursing orientations range from 2 – 4 months, at times concluding before their confidence has taken hold; producing feelings of anxiety and frustration. Incorporating a program like Partners in Nursing (PIN) into the workplace provides graduates with the support they need as they transition to established professional.

Over the inaugural year of PIN, we have been able to show many positive attributes of the program. The most significant are: 100% retention rate of participants in their original organization, self reports of increased motivation in the workplace, and increased knowledge of the career ladder. It only makes sense to contribute to creating healthier work environments for the nurses. This action in turn will retain our local workforce and promotes healthier local communities.

OPPORTUNITIES FOR PROFESSIONAL ENRICHMENT

April 30 (Wednesday)

AACN educational dinner event at 6pm; Fratelli's Restaurant in Salisbury. Clinical Presentation "Surgical Management of Lung Cancer – What's New?" will be given by Dr. Nyen Chong. Contact Katie Green at 410-543-6417 for more information.

May 5 (Monday)

PIN Night with the Shorebirds FREE tickets for the first 100 nurses and nursing students with ID. Game time is 7:05.

May 6 (Tuesday)

PRMC and Sigma Theta Tau Ethics presentation on organ procurement to be held at 5pm in the Wicomico Room at Salisbury University.

May 8 (Thursday)

Maryland Nurses Association District 4 is holding the Spring Banquet on this date. Call the PIN office for more information regarding time and place (TBA).

May 8, June 10, July 10

Up-coming Professional development seminar dates. FREE continuing education credits available. Call the PIN office for details/RSVP 410-572-8709.

May 10 (Saturday)

4STEPS program. Join PIN colleagues at 4STEPS, an equine program that helps increase self-confidence, self-esteem and social awareness. Space limited, reserve now 410-572-8709.

National Nurses Week

PIN IS KICKING OFF NURSES WEEK MAY 5

Get off/early May 5! PIN is kicking off **NURSES WEEK** at the **Shorebirds** Monday evening game. **FREE** tickets to the first 100 RN, LPN or nursing students with valid employment/nursing ID. Look for the PIN table and banner outside of the stadium gates.

Notes on Nursing

Nurses Week traditionally begins on National RN Day, May 6, and concludes on Florence Nightingale's birthday, May 12 (also International Nurses Day). Partners in Nursing is requesting letters of appreciation for our community's nurses to be sent via email or snail mail to the PIN office. Of these letters, a selection will be chosen to be printed in our local newspaper, the Daily Times, to thank our nurses during Nurses Week.

Other Nurses Week Highlights

Wednesday, May 7, National School Nurse Day

Partners In Nursing
c/o The Community Foundation of the Eastern Shore
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LOOKING FOR DIRECTION?

Completed your professional or personal goals and unsure of what to do next?

Deirdra Johnson, Director of Retention and Student Success at Wor-Wic Community College, met with the group of PIN mentors and protégés in April to discuss goal setting and developing insight. Deirdra's point to the group was: What do you want to do that you are passionate about? Once that goal is set in place, identify the small steps that will bring you to your goal.

Most importantly, set a time limit. By achieving deadlines that you have set for yourself, the feeling of empowerment will continue to motivate you toward your goal. A couple of mentors discussed seeking the role as clinical and adjunct instructors at our nursing schools. Another expressed researching a new avenue in nursing.

Great advice: Subscribe to journals that offer education and information about the role/area that you would like to grow into.

What are the issues associated with not having goals? Pessimism and negativity may develop toward your career and those around you.

For more information about taking next steps: www.mygoals.com



The Future of Nursing



From left: PIN Director Stacy Cottingham RN, PIN protegee Christopher DiPasqua RN, Lynne Brumley RN and, at right, a glimpse of our future nursing workforce.



Last month, PIN was fortunate to find a newly created Future Nurses Club (FNC) at Somerset Intermediate. Lynne Brumley, RN, school nurse at this school, developed the group of young teens with a list of objectives provided by the Maryland Board of Nursing specifically created for FNC. Chris DiPasqua, RN and protégé of PIN, co-led an educational session after school with the PIN Director to inspire the group about nursing opportunities and career planning.

The excitement peaked at hand washing techniques were evaluated using "germ powder" and a black light (provided by PIN partner PRMC). The group learned quickly how the prevention of transmission is paramount through proper hand washing. Key points on community acquired MRSA identification and prevention were available to take home and share with their families.

Curious to know what aspects of nursing the majority of the group want to practice? Maternal child health!